

NUCLEAR MEDICINE SECTION

DUBAI HOSPITAL/ DOHMS

INSTRUCTION SHEET/BONE SCAN (Tc-99m-HDP)

Patient name:

HCN:

Your physician has requested a bone scan for you. This exam takes approximately 4-5 hours to complete. There are **no** diet restrictions or **preparations** before the scan.

Your test will be performed in the Nuclear Medicine Section (12th floor).

On (date) _____ at (time) _____

Procedure

The procedure requires that you get an injection in a vein, usually in your arm. The injection contains a small amount of radioactive material. The amount of radiation is about equal to a chest x-ray series.

After the injection, you may or may not get a short scan immediately, depending upon the type of bone scan you need. You will then be free to go for 3 hours. If you elect to depart after your injection, the nurses will tell you the exact time to return to the section.

During this 3 hour time break, you will be required to drink plenty of fluids and urinate (empty your bladder) as frequently as possible because the excess radioactive material is excreted in the urine when you use the bathroom. You may also eat during this time if you wish. When you return to the section you will be asked to lie down or sit and various pictures are taken for your particular scan. Once the scan is completed, the technician will review the images with the doctor. More views may be necessary. If not, you will be told that you are free to go.

Be sure to take your requisition form with you to your appointment.

Please report to nuclear medicine reception (12th floor) 20 minutes before your appointment for registration and payment purposes. Please allow plenty of time for traffic delays.

If you are 20 minutes late from your scheduled time, your appointment will be cancelled automatically.

There may be some waiting required as there are multiple studies being performed. Be assured that our friendly staff are working hard to serve you promptly.

To change/cancel your appointment please call 042195069