



Preparation Form

Patient Name: _____ Age: _____
Health Card No: _____ Fees: _____
Nationality: _____ Date: _____
Telephone No: _____ Time: _____

Location:

Dubai Hospital at Radiology Department Ultrasound Reception

Purpose:

Barium Swallow/Meal Examination is a special x-ray examination that uses an inert substance (no biological effects) called barium sulphate to outline the oesophagus (gullet of food pipe), the stomach, and the first portion of the small intestines.

Preparation:

For a successful examination, please follow the instruction carefully:

Keep to a light diet on the day before the examination. Do not take any food or drink after 12 midnight on the night before the examination. The duration of the examination is about 30 minutes. If follow-through is Included, the examination may last for more than 2 hours. Do not stop any medications. If you fail to follow the instructions, the examination will be rescheduled. You can eat and drink normally after the examination.

Procedure:

You will have to change into our hospital gown. You will step on a standing x-ray table you will be asked to swallow some sodium bicarbonate powder (forms gas in stomach) and drink a cup of barium sulphate then the x-ray table will moves into a lying position. During the examination the radiologist may ask you to lie in various positions to obtain a complete outline of the stomach. The examination may take a further one to two hours for the average patient.

Contact Number for appointment: -

Sunday – Thursday from 12pm – 2pm: - 04-2195608 or

During weekend (Friday-Saturday) and afternoon: - 04-2195600 / 04-2195601

Fax No: - 04-2195613



DUBAI HOSPITAL
RADIOLOGY DEPARTMENT